

Stewart/Hunter Lifestyle



Photos by Randy Murray

The 76th IBCT band helps entertain thousands of Soldiers and Family members at the units' Family Day on Donovan Field, March 1.

Family Day held for deploying 76th

Randy Murray
Public Affairs Specialist

Food, fun and flags ruled the day on Donovan Field, March 1, as friends, Family members and even pets of the 76th Infantry Brigade Combat Team of the Indiana National Guard said goodbye to their Soldiers deploying to Iraq.

The 76th IBCT first held an official military departure ceremony on Cottrell Field, which concluded with the unit marching to Donovan Field, where a different, more carnival-like atmosphere filled the air for Family Day.

Children's moon walks, slides, a live band and other fun things to do contrasted with the morning's official pomp and ceremony. Long lines extended from tent-covered trailers where hamburgers, hotdogs and hot wings

were prepared for Soldiers and their guests. Even longer lines extended from the funnel cakes tent and especially the "Sho Nuff Smokin' Good BBQ" tent, where patrons waited anxiously for ribs and pulled pork BBQ.

Under another tent, Carrissa Griffith, 10, waited patiently as Morale, Welfare and Recreation worker, Eliza Fleming, painted her face. However, the pastel colors and glitter on her painted face couldn't mask a little girl's sadness about her father, Spc. John Griffith, whom she said she would miss during the 15-month separation.

A very energetic 3-year-old, Carter Bunch, raced with his 5-year-old uncle, Blake Clayton, staying just out of reach. Carter's mother, Jessica Bunch of Connerville, Ind., said her son wasn't old enough to understand that his father, Spc. Jacob Bunch, would be leaving

them for combat duty and was just enjoying the warm Georgia sunshine. Bunch has been in the Indiana National Guard for two years. This is his first deployment.

Sumo wrestlers Dalton Wheeler and Family friend, Waylon Crone, enjoyed a bout on the wrestling mat wearing what Wheeler described as "a million pounds" of costume. Once MWR workers dressed the two boys in their Sumo outfits, the two lumbered toward each other like two-legged hippos until they collided. Crone, the one who landed on top, declared himself the winner. Dalton's father, Cpl. Rusty Wheeler, is deploying with the 76th IBCT.

With her head covered by a straw hat and arms loaded down with American flags, MWR worker, Linda Schumm cheerfully approached large groups, couples and young

children, greeting them with a smile and a flag.

The "flag lady," as one girl referred to Schumm, reminded Soldiers of their service to this country and Families of their patriotic sacrifice while a live band, all members of the Indiana National Guard, drowned the hum of several thousand voices with Rock and Country tunes. Several men wore faded T-shirts with unit designations, revealing former military service, while one lady's T-shirt said it all: "My Hero, My Soldier, My Everything - Proud Army Wife."

A couple, Spc. Joe and Aley Day, who've only been married four months, prepared for the long separation with a long embrace. Day's father and mother, John and Gail Day, best expressed the feelings of all 76th IBCT Family members by saying they were scared for their son but proud of his service to this country.



Above: Carrissa Griffith, 10, daughter of Spc. John Griffith, waits patiently as MWR worker, Eliza Fleming, paints a mask on her face during 76th IBCT Family Day activities on Donovan Field, March 1.

Left: MWR worker, Linda Schumm, the "flag lady," distributes American flags to Soldiers and Family members during 76th IBCT Family Day.



Special slides, a children's moon walk and other fun activities for Family members were part of the 76th IBCT Family Day.

Scholarship deadline rapidly approaches

Kaytrina Curtis
Hunter Public Affairs

The deadline is quickly approaching for students to receive free money to attend college. March 14 is the application closing date. The Hunter Army Airfield Thrift Shop and the Hunter Spouses' Club scholarship program will award several scholarships in varying amounts to deserving Family members (child or spouse) to further their education.

"We are looking for well-rounded students working on their undergraduate degree," said Sherrie Lewis, scholarship coordinator.

Annually, the local scholarship program helps Hunter and Fort Stewart Family members pay for college. Scholarship recipients can re-apply each year they are enrolled in college as long as they have one full year left before graduation. Eligible part-time students are also encouraged to apply.

"These funds can help relieve the financial burden for a spouse who would like to finish college," Lewis said. "Everyone who meets the eligibility guidelines is strongly urged to apply."

Eligibility guidelines allow Family members of active duty, retired, or deceased servicemembers assigned to Hunter or Stewart to apply. Limited scholarship funds are available to Family members who are in receipt of any appointment to a Service Academy or any other full scholarship program.

Scholarships will be awarded on the basis of academic achievement, citizenship, extra-curricular activities, letters of recommendation and an essay by the applicant stating why he or she should be selected.

Applications are available online at www.hunterspouseclub.org and also at the Hunter Thrift shop, which is open each Wednesday, Friday and first Saturday of the month 10 a.m. to 2 p.m.



Pfc. Gaelen Lowers

Soldiers and civilians laugh and enjoy themselves at the comedy show performed at Forward Operating Base Q-West by Scott Kennedy, Steven Mazan and Lee Levine, Feb. 15.

MWR Briefs

Official Mail, Distribution hours

The Fort Stewart Official Mail and Distribution center is located in building 418 and has customer service counter hours of 8:30 to 11:30 a.m. and 1 to 3 p.m.

If you have a mailbox or need to drop off your official mail and distribution, do so anytime between 8 a.m. to 4 p.m., at the right side door, Monday through Friday. Outgoing mail dropped off after 3 p.m. will not be processed until the following work day. At Hunter, the Official Mail and Distributions sub-center is in building 1212. The operating hours are 8:30 to 11:30 a.m. and 1 to 3 p.m., Monday through Friday.

Anger management class offered

This free class will meet from 4 to 4:30 p.m. every Wednesday and will provide children with conflict resolution techniques and coping support guidance.

The class is held at School Age Services. Parents are welcome and a counselor will be available to address concerns about how to support their children during the deployment and re-deployment phases. For more information, call 767-6533 or 767-2635.

Join toddler time at Cypress Sam's

Come join us at "play day" from 10 a.m. to noon every Wednesday, Thursday, and Friday before the facility opens for regular business. The play day allows our little customers the chance to enjoy Cypress Sam's Treehouse before it gets too crowded.

Open to children ages 0 to 5; but remember a parent must accompany children. Admission is \$1. For more information, call 767-4273.

Get water-aerobics fit

Water aerobics class hours have extended. In addition to classes Tuesday and Thursday mornings at 9:30 to 10:30 a.m., water aerobics is now offered 5:30 to 6:30 p.m. Thursday evenings.

Join Civilian Fitness Program

Sign up now for the Civilian Fitness Program that runs now through April 10. Call

Eli Wilson at Tominac Fitness Center, 315-2019, online at www.stewartmwr.com for the information you need to participate.

Mardi Gras Teen Dance slated

Teens can come dance their heart out in their Mardi Gras costume at the Mardi Gras Teen Dance.

The dance will be held from 7 to 10 p.m., Friday at the Youth Center. There is no cost to attend the dance. For more information, call 767-4491.

Saturday child care held March 8

The Directorate of Morale, Welfare, and Recreation Child and Youth Services will be supporting the 76th Infantry Brigade Combat Team farewell, Saturday. The first Saturday child care at the Child Development Center (building 403) will be held March 8.

Birding trip offered

Come experience the majestic birds of prey, eagles, ospreys, hawks, wrens, hummingbirds, and more. The trip will depart from the Leisure Activities Center at 6 a.m., Saturday. Unearthing your inner bird watcher is a wonderful way to relieve stress and a hobby that can draw your entire Family closer together. Bring your own binoculars. Space is limited, so call and register today. For more information, call 767-4316.

Family bicycle safety check offered

Come get a free bicycle safety check and get your bike ready for spring. A group bike ride will also be held. The event will be held at 12 p.m., Saturday at Tominac Fitness Center. For more information, call 315-2019.

CYS Camp Expo comes March 11

It's not too early to start thinking about summer camp. A camp expo will be held at Fort Stewart from 6 to 8 p.m., March 11 at Club Stewart. This event is a great opportunity to get information on the various youth programs and camps offered through installation agencies and regional Operation Purple Camps. For more information, call 767-6533.

St Patrick's Day at Stewart Library

Come listen to stories about St. Patty's Day.

Q-West laughs it up

Pfc. Gaelen Lowers

3rd Sustainment Brigade Public Affairs

FORWARD OPERATING BASE Q-WEST, Iraq – Servicemembers and civilians of Forward Operating Base Q-West received a rare treat Feb. 15 when funny men Scott Kennedy, Steven Mazan and Lee Levine performed their "blue collar" comedy to entertain the troops.

These men are not strangers to Iraq and combat zones. Between the three of them, they have more than 15 tours around Iraq, Afghanistan and other areas of operations.

Levine, who had previous stints in Iraq through 2004, 2006 and now again in 2008, said he can see real progress in the Army's mission and the country's rebuilding.

"We just [performed at] Speicher and we couldn't get into Speicher last time because they were being rocketed, literally. They couldn't guarantee our transportation," said Levine. "This time, it's one of the quietest areas. You start to see the economy come back."

Children are encouraged to wear green and come prepared to make crafts.

The story time will be held at 3:30 p.m., March 12 at the Fort Stewart Library. For more information, call 767-2828.

Jump-start your workout

Come get a basic intro to weight training, cardio training, and a weight equipment orientation.

The orientation will be held from 5 to 6 p.m., March 12 at Tominac Fitness Center. There is no cost to attend. For more information, call 315-2019.

St Patrick's Day pre-teen dance

Pre-teens in grades 6 and 7 can come celebrate St. Patty's Day at the pre-teen dance. Come dressed in green and dance your heart out.

The dance will be held from 7 to 10 p.m., March 14 at the Fort Stewart Youth Center. There is no cost to attend. For more information, call 767-4491.

Moonlight Bowling at Stewart Lanes

Let the night owls shine at Stewart Lanes with bowling from 9 p.m. to 1 a.m., March 15.

The snack bar will have a special menu available featuring funnel cakes and nachos. The cost is \$2 per game/person and \$8.75 shoe rental. For more information, call 767-4273.

Come enjoy Family Night

It's fun for the whole Family - children's activities, mini-workshops, gang awareness, parent teacher conference, student portfolio and massage/pampering services for parents. Family Night will be held from 5 to 7 p.m., March 13 at the Youth Center. Reserve space for you and your Family.

Free child care (register through CYS) and dinner provided. For more information, call 767-4494.

Join teen advisory committee

The teen advisory committee is a group of teens interested in helping make Fort Stewart's Youth Center a better place.

The committee will provide input and address concerns relating to teens 5 to 6 p.m., March 20 at the Youth Center. For more information, call 767-4491.

The comedians performed in front of a packed house at the Morale, Welfare and Recreation theater.

"I laughed so hard I cried," said Spc. Kyle Collins, 3rd Sustainment Brigade radio telephone operator.

The three comedians each have a long list of credits, including headlining at Las Vegas casinos, featured on XM radio and appearing on the nationally syndicated Bob and Tom Radio Show.

"We're not big names," said Levine. "But out here we're treated like the biggest stars. I'm embarrassed by the treatment we get."

And the Soldiers said they were happy to give the treatment for a few hours of rest and relaxation and a little bit of home.

"I don't have a lot of experience with the military," Levine said.

"I'm really impressed by the quality of people I meet and involved with the military. It's a pleasure to be out here."

"If anyone in the world needs to laugh, it's these guys," said Mazan. "These are the best crowds we ever get."

Join Library Book Club

Join fellow readers and participate in book discussions 7 to 8 p.m., March 20 at the Fort Stewart Library.

Space is limited to 20 readers. For more information, call 767-2828.

Come to Easter egg hunt

The Fort Stewart and Hunter Easter Egg Hunt are scheduled to start at 10 a.m., March 22 on the Youth Sports Fields behind School Age Services on Stewart, and at the Hunter Youth Center's field.

For more information, call 767-4491 at Fort Stewart, or 315-5708 at Hunter.

Intramural volleyball leagues slated

Companies or teams interested in playing volleyball should call their local sports office and sign-up to play in a league.

League play runs March 25 through April 24. Players must be 17-years-old and older. There will be a coaches and players' meeting 2 p.m., March 20. Registration ends March 14.

For more information, call 767-8238 at Stewart or 315-4160 at Hunter.

Youth gym to offer circuit training

Beginning March 25, Jordan Youth Gym will offer circuit training sessions from 5 to 6 p.m., Tuesdays and Thursdays. The training is open to youth ages 11-17. Registration ends March 22. For more information, call 767-1428.

Join women's bowling tournament

A women's bowling tournament is scheduled for 12 to 6 p.m., March 29-30 and April 5-6 at Marne Lanes.

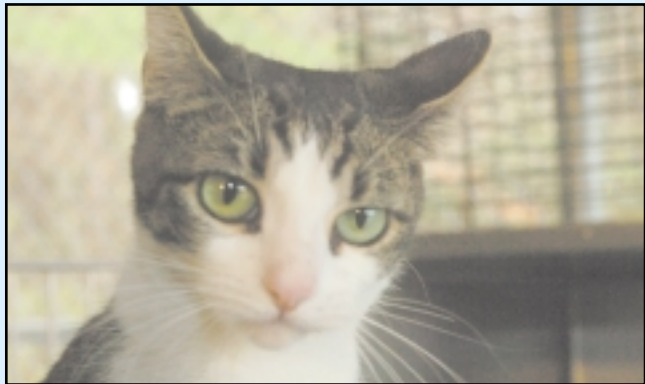
Sign up now and reserve a spot in the tournament. For more information, call 767-4866.

Enjoy Extreme Dodgeball

Come participate in an extreme five-on-five dodgeball tournament at Jordan Youth Gym. The tournament is scheduled for 10 a.m., March 29.

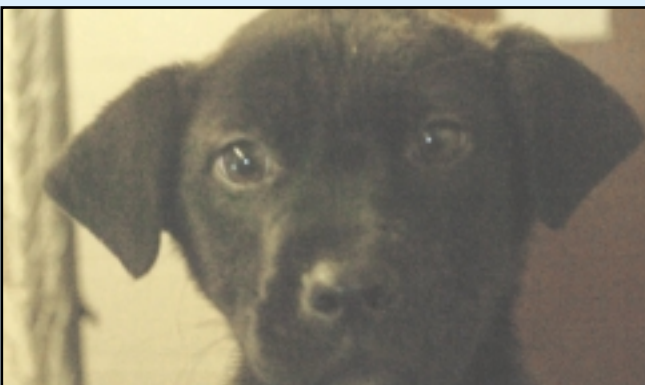
Teams must have at least five participants prior to the event to compete and is open to ages 11-17. There is no cost to participate. Registration deadline is March 22. For more information, call Jordan Youth center at 767-1428.

Pets of the Week



The Fort Stewart Veterinary Clinic is under renovation through March and has reduced services; however, pet adoptions will continue.

Hillary the kitten and Batman, the lab are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



Mad Money

Today — 7 p.m.

(Queen Latifah, Diane Keaton, Katie Holmes)

A comedy about three ordinary women who form an unlikely friendship and decide to do something extraordinary - rob one of the most secure banks in the world. After a lifetime of playing by the rules, the three devise a plan to smuggle soon-to-be destroyed currency out of the supposedly airtight Federal Reserve Bank. As the unlikely crime syndicate amasses piles of cash, it looks like they have pulled off the perfect crime - until a minor misstep alerts the authorities. With more money than they know what to do with, the women are pushed to the limits of their ingenuity to stay one step ahead of the law? *Rated PG13 (sexual material, language, drug references)* 101 min

Cloverfield

Friday, Saturday — 7 p.m.

(Michael Stahl-David, Mike Vogel)

Five young New Yorkers throw their friend a going-away party the night that a monster the size of a skyscraper descends upon the city. Told

A A F E S P R E S E N T S

MARCH 6 THROUGH 12



from the point of view of their video camera, the film is a document of their attempt to survive the most surreal, horrifying event of their lives. *Rated PG-13 (violence, terror, disturbing images)* 99 min

Rambo

Sunday — 7 p.m.

(Sylvester Stallone, Julie Benz)

John Rambo has retreated to a simple life in a rural Thai village near the Burmese border, capturing snakes for local entertainers, and transporting roamers in his old PT boat. Following repeated pleas, Rambo helps ferry a group of Christian aid workers into war-torn Burma, where the local Karen villagers are regularly tortured and massacred by Major Tint's sadistic soldiers.

The humanitarian mission is going well, until the village is attacked and the missionaries are kidnapped, and Rambo is once again asked to transport - but this time a group of mercenaries, assembled by the missionaries' minister on a deadly rescue mission. This time he doesn't stay behind. *Rated R (strong graphic bloody violence, sexual assaults, grisly images, language)* 93 min



Films are subject to availability. AAFES strives to show films according to the published schedule, but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

HEALTH MATTERS

Winn Army Community Hospital

Army to revolutionize healthcare with whole-person concept

Elizabeth M. Lorge
Army News Services

A change in healthcare began March 1 across the Army, the Department of Defense and the nation, said the executive officer for the assistant surgeon general for warrior care and transition.

Lt. Col. Marie Dominguez said the new six-phase Comprehensive Care Plan will help the Army not only heal a Soldier's particular injury, but make sure its wounded warriors are healed in body, mind, heart and spirit and increase the chances that they will return to duty or become successful veterans.

Soldiers are "in the Warrior Transition Units because they have some sort of profile that prevents them from performing their duty in their regular unit or they need complex medical attention," she said. "What we discovered is that it's not usually just one problem that they have. A lot of our Soldiers have relationship difficulties. They may have medical problems. They may have joint problems. They may have pain problems.

We said that we really need to look at this from a whole-person concept, instead of just focusing on their sore need, and while they're here, because they have some time, let's sort of do a general tune up."

Soldiers are welcomed to the WTU when they are still inpatients in the hospital. The nurse-case managers will introduce themselves and work with their teams of specialists to learn their care plans.

When Soldiers begin their reception phase at the WTU, they meet their triad of primary-care manager, squad leader and nurse-case manager, in addition to their battle buddies. They learn their rights and responsibilities, as well as the WTU's rules and regulations.

The nurse-case managers will perform risk assessments on the Soldiers: Can they drive? Do they have medication problems? Are they at risk for suicide?

Next comes the assessment phase when doctors, physical and vocational therapists, mental-health workers,

social workers and others will evaluate the Soldiers in the four areas of body, mind, heart and spirit.

Physical well-being not only means the Soldiers are healing and going to physical therapy, it can mean they need to get back into shape or start weight-loss programs, Dominguez said, especially if they want to return to duty.

In the area of the mind, Dominguez said the Army will pay close attention to Soldiers who have traumatic brain injuries and provide neurocognitive testing, and check for speech and language problems, problem-solving skills and concentration skills.

Experts will take a close look at Soldiers' abilities and interests, what kind of jobs they want to do and what they can do. Most importantly, the Army is going to provide educational and vocational training for Soldiers in WTUs, and Soldiers will be required to participate as much as they are physically and mentally able.

In the area of the heart, medical officials will examine Soldiers' relationships, how they are able to resolve conflicts and any socially unacceptable behaviors.

Col. David Reese, director for ministry initiatives at the Office of the Chief of Chaplains, said the Strong Bonds program of marriage retreats is being expanded to meet the specific needs of wounded Soldiers and their Families. In addition to the regular curriculum focusing on communication skills, the program will be handicapped-accessible and provide forums on challenges specific to them, such as grief and loss. Some chaplains have already begun offering specific weekends to wounded warriors and their Families on an informal basis.

Dominguez said that spirit can include anything from religious support. Reese said chaplains will be assigned to all WTUs at the battalion level to hobbies Soldiers' enjoy. She said officials are especially concerned when Soldiers' injuries make their previous hobbies impossible. What would a Soldier who liked to paint but has been blinded do for a hobby? Dominguez said they might help him or her learn to sculpt, for example.

Then Soldiers, their Families and triads gather for the

goal-setting phase and talk about the Soldiers' goals while they're in the WTU and the milestones they need to meet to achieve those goals.

Soldiers start working on these goals during the next phase: active rehabilitation. Soldiers first get classes on finances and benefits, maintaining body weight and physical fitness after injury or illness, maintaining a healthy relationship, medication management and avoiding addiction, the post-traumatic stress chain-teaching program and battle-buddy skills.

Then Soldiers begin their educational or vocational activities during part of the day while continuing their medical treatments. Dominguez said they encourage Soldiers to take classes online because of portability, but if a Soldier needs a physical class, she said they'll provide that as well.

Dominguez added that the Soldiers can also learn job skills through apprenticeships and internships. Ideally, she said, the Army will have an opportunity to provide on-the-job training, especially if the Soldier wants to return to duty. In addition, many local organizations and even Microsoft are providing opportunities to wounded warriors and Dominguez said the Army can provide transportation if necessary.

As the Soldiers complete their treatments and wait for their medical evaluation and physical evaluation results, they'll spend more and more time in these activities. Then they enter the transition phase.

Soldiers who are separating from the Army have up to 90 days to arrange for veteran's benefits, find a job, get into school, and find a place to live with Army experts on hand to help and ease the transition. The final phase is out-processing.

"We are going to survey our Soldiers, 30 days and 60 days out to see how are they doing, and if they are having problems, we're going to contact the VA counselor and say 'We've got a Soldier who just transitioned and they're really having some difficulties. We need to get you involved.'

Winn Briefs

New bone scanning equipment

The bone densitometry is now available at Winn Army Community Hospital to help measure bone loss. Male and female beneficiaries over 45 can be scanned for bone mineral density, especially osteoporosis or osteopenia. Just come by Winn's Radiology Department or call 435-6633.

Breast cancer support group

The Fort Stewart breast cancer support group is scheduled to have a meeting from noon to 1 p.m., March 18 at Army Community Service, 191 Lindquist Road, building 86. For more information, call Maj. Frederick Davidson with Army Public Health Nursing at 435-5071.

Wellness exams available

Women wellness exam appointments are available until the end of March. To make an appointment call Winn Army Community Hospital at 435-6633 and follow prompt to the Department of OB/GYN. At Tuttle Army Health Clinic call 1-800-652-9221 and follow prompt to the Department of OB/GYN. Take advantage of this opportunity today.

Take Medical surveys

The Office of the Surgeon General mails Army Provider-Level Satisfaction Surveys to a sample of Army patients to ask how Army providers and facilities are meeting the needs of the patients they serve, related to a single outpatient appointment.

Beneficiaries response to this APLSS survey is a valuable tool to Winn and Tuttle and gives us the opportunity to serve you better. For more information about the surveys, call 435-6225.

Parking lot repairs at Winn

Certain sections of the parking lot at Winn Army Community Hospital will be closed for phase two of repair and resurfacing. Please exercise caution in the parking lot during this time.

Ortho, Podiatry Clinic's location

The Orthopedic and Podiatry Clinic has relocated back to Winn Army Community Hospital. For more information, please call 435-6633.

Get TRICARE For Life

Upon receipt of your Medicare Part B enrollment or three to six months prior to your 65th birthday, go to the TRICARE Service Center at 852 Harmon Ave., building 202, Fort Stewart to select a civilian Primary Care Manager and receive more information about your health benefits/options available to you or call 1-800-444-5445.

OTC medications available

Selected over-the-counter medications are available to beneficiaries without seeing a doctor from the pharmacies at Winn Army Community Hospital and Tuttle Army Health Clinic.

The over-the-counter pharmacy card is no longer used. Simply come to any pharmacy, take a number and when called, tell the pharmacist your symptoms. Certain over-the-counter medications will be screened against your current medications and given based on age restrictions.

A valid ID must be presented at the time of request. Limited quantities per visit. For more information, call 767-2672.

ASAP sees retirees, Family

The Army Substance Abuse Program

Counseling Center is offering prevention, education and treatment opportunities for military retirees and family members (18 years and older). Walk-in hours are 7:30-9:30 a.m. Mondays, Tuesdays, Wednesdays and Fridays; 12:30 - 3 p.m. Thursdays. The center is located at 944 William H. Wilson Ave., Bldg. 620, Fort Stewart. Questions, call 767-5265.

I'm pregnant. Now what?

Congratulations on your pregnancy. Prenatal care is available at both Winn Army Community Hospital at Fort Stewart and Tuttle Army Health Clinic at Hunter Army Airfield.

Pregnancy tests are available. Active duty Soldiers need a documented pregnancy from the laboratory. Civilian spouses may confirm pregnancy with a home test or by a hospital urine test. Please call 435-6633 to schedule a new OB nurse interview and an OB physical appointment at Winn or Tuttle. You can also make appointments in person.

Get your prescriptions in the mail

The TRICARE mail-order pharmacy offers beneficiaries up to a 90-day supply of medication through the mail, for a co-pay of \$3 for generic and \$9 for name brand drugs on the formulary; non formulary drugs are \$22. You may order online at www.express-scripts.com, by phone at 1-866-363-8667 or by fax at 1-877-895-1900.

Book appointments online

Want an alternative to calling the appointment line? You can book your appointments online at the TRICARE online Web site, www.tricareonline.com. This link is also available through the Winn Web site homepage, www.winn.amedd.army.mil.

BIRTH ANNOUNCEMENTS

Provided by Winn Army Community Hospital

- February 7**
- **Trystin Rene Ellis**, a girl, 7 pounds, 5 ounces, born to Kayce Ellis, dependant daughter of Sgt. 1st Class Micheal Nunnelee.
- February 20**
- **Talyn Andrea Fogg**, a girl, 7 pounds, 1 ounce, born to Pfc. Krista Fogg.
- February 21**
- **Kayden Rhea Baldrige**, a girl, 7 pounds, 5 ounces, born to Pvt. Coltan Baldrige and Kialeigh Baldrige.
- **Anastasia Lya Blow**, a girl, 7 pounds, 15 ounces, born to Capt. Craig Blow and Kimchi Blow.

- February 22**
- **Jauztin Noah Brooks**, a boy, 7 pounds, 13 ounce, born to Spc. James Brooks and Debra Brooks.

- February 23**
- **Caleb Andrew Morris**, a boy, 8 pounds, 4 ounces born to Spc. Peter Morris and Erin Morris.

- February 24**
- **Ryiana Lee Carter**, a girl, 6 pounds, 7 ounces, born to Spc. Ryan Carter and Olivia Carter.

- February 25**
- **Amoni Dewayne Dorsey**, a boy, 7 pounds, 15 ounces, born to Sgt. 1st Class Gregory Dorsey and Sgt. Tyronday Dorsey.

Help yourself get spiritually fit, spend five minutes with God

CHAPLAIN'S CORNER

Chaplain (Capt.) D. Scott Dennis
4/3 STB Chaplain

I've had many conversations with people who are interested in growing in their spiritual life but are struggling to find a way to do that. Many believe that simply attending a chapel or local church once a week will fill their need. Although this is an excellent step along the spiritual journey, it is only one part of what may be needed in order to have significant spiritual growth. There is simply more to faith than a once a week meeting.

Often I have met with a group of people and go through a ritual that starts with stretching our muscles to prepare them for work. Sometimes performing a slow jog in order to warm

up, before jumping into our real goal...sprints. After multiple rounds of sprints, we went back to our stretching routine in order to help our muscles relax and cool down from sprints. We do this ritual, with slightly different emphases, each day of the week and we increase our physical growth and ability.

Spiritual growth must be seen in the same light as physical. In order to experience significant growth we must develop a routine that will challenge us and cause us to grow.

When I use this illustration, most of the people I talk with easily see the need for some kind of daily spiritual workout, but many don't know what to do or how to begin. If you do not currently have a spiritual routine, let me suggest an easy way to get started.

Time is usually the greatest hindrance so let's begin with a 5-minute workout. Spend the first 30-45 seconds praying (this is the initial stretching). Ask God to teach you and to help you understand scripture so that you know how you should live. Don't turn this prayer into your needs or wish list. Focus on asking for help in your spiritual growth. Spend the next 3.5 minutes reading scripture (this is the heart of your workout). Finding a good starting place can be difficult. From my faith tradition (protestant) I would encourage someone to start by

reading through the book of John. It is found in the New Testament and is a great starting place. There are lots of devotional booklets or magazines that can provide a reading schedule to follow. I like to use one called Our Journey. It can be ordered inexpensively from this site www.ourjourneywitw.com. It is not necessary that you finish reading an entire chapter, just read for the 3.5 minutes or so and stop. Spend the last minute thanking God and focusing on how you can apply what you learned from the scripture (this is your cool down and post-stretch). Include any personal requests for help in this prayer. Ask God to help you remember what you read throughout the day and show you how to apply it to your life.

Anything that brings growth requires effort. If you would like to increase your spiritual growth I invite you to attend chapel this Sunday to receive the benefit of worshipping with other believers. There is a schedule of services located here on this page. I also encourage you to begin a daily 5-minute spiritual fitness exercise based on the model shown here. I believe you will find that it benefits every area of your life and soon you will find yourself wanting to spend more and more time growing deeper and deeper in your spiritual journey.

Chapel Schedule

Fort Stewart

Catholic	Location	Time
Sunday Mass	Heritage	9 a.m.
Saturday Mass	Heritage	5 p.m.
Protestant		
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Main Post	11 a.m.
Traditional Worship	Marne	9 a.m.
American Samoan	Vale	11 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church(K to 6th grade)	Across from Dia. Elem.	11 a.m.
PWOC (Wednesday)	Marne	9:30 a.m.
Islamic		
Friday Jum'ah	Marne	1:30 p.m.
Contact Yahya Hassan at (414) 899-7226.		
Jewish		
Contact Sgt. 1st Class. Crowther at 332-2084.		
Friday	Marne	11:30 a.m.

Hunter Army Airfield

Catholic	Chapel	11 a.m.
Protestant		
Sunday Service	Chapel	9 a.m.

Religious Education Contacts

Stewart and Hunter, Director of RE, Mike Iliff, call 767-9789.
Stewart Catholic RE coordinator, Beth Novak, call 767-6825.
Hunter Catholic RE coordinator, Pamela Perez, call 315-5440.

Kids Church

Where God rocks

10:45 a.m. to noon, Sunday
at Stewart School Age Services, across from
Diamond Elementary; or at Hunter Chapel
Fellowship Hall, Sunday at 9:15 a.m.

For all kids Grade K-5

Fort Stewart bus pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia, Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

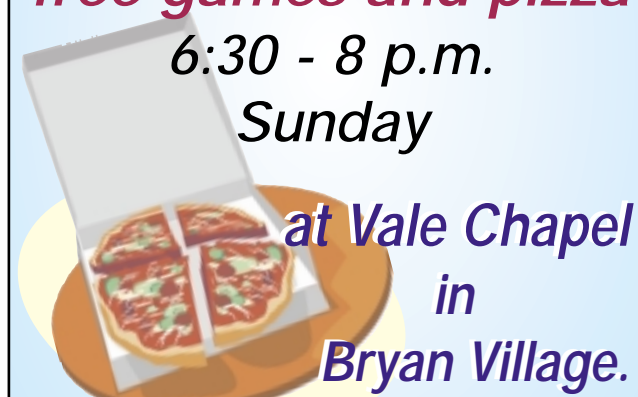
10:55 a.m. - Main Post Chapel

For more information, email
fortstewartkidschurch@yahoo.com

Fort Stewart Chapel Youth Ministry

Junior and Senior
High School Students!

Join us for
free games and pizza
6:30 - 8 p.m.
Sunday



at Vale Chapel
in
Bryan Village.

For more information,
call **877-7207**



STATIONS OF THE CROSS

Each Friday
Throughout Lent

11:45 a.m.
Main Post Chapel

For more information,
call Beth Novak at 767-6825



3rd Inf. Div. Spiritual Fitness Luncheon

March 13
Club Stewart

For more information, call
Chaplain (Col.) Michael Walker 767- 8541



Live Oak Public Libraries' programs

Live Oak Public Libraries Programs at the Liberty Branch Library and Midway-Riceboro Branch Library

Preschool Story time

Join us for stories, songs, and more, each Monday at the Liberty Branch Library. The event is for children three to four years-old.

Tree Tots Storytime

Join us for stories, songs, and more 10:30 a.m., each Tuesday at the Liberty Branch Library. The event is for ages one to two years-old.

March Winds Family Fun Night

Join us for an hour of fabulous family fun at Midway-Riceboro Branch, 5 p.m., March 11. Hear windy tales and make a kite to fly for the windy month! For ages 4 and up.

Computer Classes

An introduction to Publisher at Liberty branch library offers a course on the desktop publishing program, Microsoft Publisher is offered 7 p.m., March 12. Learn to create newsletters, calendars and more. Prerequisite: Intermediate Word or similar skills. To register, call the library at 368-4003.

E-Mail (Liberty)

Learn how to sign up for free e-mail and send attachments, 2 p.m., March 18. Introduction to the the Internet or comparable experience is a prerequisite to taking this class. To register, call the library at 368-4003

Read Across America

Celebrate Dr. Seuss's birthday by reading together at Liberty Branch Library, 2 p.m., Saturday. Children and adults are invited to come and read from their favorite Dr. Seuss books. Bring your favorite Dr. Seuss from home, or pick from the selection we have available. For ages 4 and up.

Tea and Tales Book Group

Tea and Tales at the Midway-Riceboro Branch Library will be meeting a second time at 5:30 p.m., March 27; join us this time for a discussion of Cat To the Dogs by Shirley Rousseau Murphy. For more information, call the Midway-Riceboro Branch Library at 884-5742.

Human Resource Management meeting held

Coastal Society of Human Resource Management meets on the fourth Thursday of every month. If you are a human resource professional and would like to attend a meeting or receive more information, contact Holly Stevens-Brown, chapter president, at 876-3564.

14th Annual Scholarship Banquet held

Eleven Black Men of Liberty County, Inc. is holding its 14th

Annual Scholarship Banquet at the Club Stewart ballroom, Saturday with a reception at 6:30 p.m. and dinner at 7 p.m. Attorney W. Ray Persons, Liberty County native and partner with the King and Spalding Law Firm of Atlanta, will be guest speaker. Banquet tickets are \$35 and can be purchased by contacting Robert Simmons, 368-3333, Robert Blue, 368-7675, or Donald Lovette, 368-7550. For more information about the banquet or the Eleven Black Men of Liberty County scholarship, call Andrew Williams, 977-3293.

Rattlesnake Roundup set for Saturday

Keith Barnard, president of The Evans County Wildlife Club announced the 41st Annual Rattlesnake Roundup Festival in Claxton will be held Saturday and Sunday in the Claxton-Evans Industrial Park on Highway 280 West in Claxton. Admission each day is \$5 per person six years of age and older. Kids under six are free. Parking is free. The Family festival opens its gates at 8 a.m. The events kick off with the Rattlesnake Roundup Parade at 10 a.m., followed by live music and performances, food and fun. Queen Rattlesnake Roundup 2008 will be crowned at 3 p.m., and the festivities continue till 6 p.m. More than 200 arts and crafts booths will be on site as well as rides for the kids. The festivities begin again the following morning at 10 a.m. The club provides college scholarships and donates remaining annual proceeds to local libraries, Shriners, The Red Cross, various children's homes and more. For more information on the Evans County Wildlife Club or the Rattlesnake Roundup, call Tammi Hall at 739-3820.

Dublin VAMC holds Thank You for veterans

Community members are invited to attend the first "Thank You" event for Operation Enduring Freedom and Operation Iraqi Freedom veterans. The event is sponsored by the Dublin Veterans Affairs Medical Center, noon to 4 p.m., April 19 at the Carl Vinson VAMC, 1826 Veterans Blvd., Dublin, Ga.

Hunter hosts golf tournament

Join collegiate golfers from across the U.S. for the GEICO-Ohio Wesleyan Collegiate Golf Tournament. The tournament will be held at Hunter Golf Club, March 13-15. A College-Am will start at 12:30 p.m., March 13. Anyone is welcome to play on a team of four plus a number one player from a collegiate team that is competing. The collegiate player's score will be added on the four-man team total at the end of play. The cost is \$65 to compete in the College-Am and includes tournament fee, golf car fee, lunch, post tournament social, prizes,

and drive range balls. Spectators are welcome. For more information, call 315-9115.

Historic park hosts Signal demonstration

Fort McAllister State historic Park invites community members to join them 10 a.m. to 4 p.m., Saturday and Sunday for the United States Signal Corps Program. The U.S. Signal Corps will provide demonstrations on Civil War communication techniques and tools. There will also be other interpretive talks on the war, as well as black powder demonstrations. The cost is \$4 for adults and \$2.50 for children. For more information, call Daniel Brown, park manager at 727-2339.

Le Chai host galerie du vin

Christian Depken, proprietor of Le Chai - galerie du vin, will discuss "Pairing European Wines with Food" March 20 as part of the Celia Dunn Sotheby's International Realty's Masterpiece Series. The lecture-luncheon will be held at noon at the Chatham Club. To make a reservation, \$25 payment must be received by the Monday prior to the luncheon. Checks should be made out to CDS Lecture Series and sent to Lori Combs, Celia Dunn Sotheby's International Realty, 17 W. Charlton St. Savannah, GA 31401. Proceeds will benefit Savannah Technical College.

St Patrick's Day Dance Scheduled

Magnolia Manor on the Coast will be hosting a Saint Patrick's Day dance that is free and open to the public. The event is scheduled for 6 to 8 p.m., March 14. It will be held in the main dining room with music provided by DJ Thurston Clary. For more information, call 756-4300 or go online to www.magnoliamanor.com.

Magnolia Manner hosts Highest Praise

On March 15, Magnolia Manor will be featuring, "Highest Praise" a Youth Choir from Bethal Baptist Church in Richmond Hill in celebration of Easter. Event is open to the public. "Boomersband", a one-man band from Atlanta will be performing at 6:30 p.m. For more information, call 756-4300.

Come to the Spring Garden Festival

Bamboo Farm and Coastal Gardens, 2 Canebrake Road, Savannah, Ga. 31419 will be hosting the Spring Garden Festival March 22. The event will have plants, arts and crafts, children's activities, and strawberry picking. For more information, call 921-5460.

PX delivers valuable learning experience to students

Special to the Frontline

The Fort Stewart-Hunter Army Airfield Post Exchange is extending a host of straight "A" savings to military students who are demonstrating above-average academic achievement. As part of Army and Air Force Exchange Service's "You Made the Grade" effort, students who maintain a "B" average are eligible to receive a variety of complimentary exchange offers for every qualifying report card they bring home.

The current "You Made the Grade" booklet includes

coupons for a free Burger King hamburger kids' meal, complimentary admission for two to the Reel Time movie theater and a free magazine from the local Book Mark. In addition to money saving offers, the booklet also contains an entry form for a quarterly savings bond drawing in which three winners are randomly awarded savings bonds of \$2,000, \$3,000 or \$5,000.

"'You Made the Grade' offers a practical learning experience for AAFES' youngest shoppers," said PX store manager, Robert Pickering. "The coupons and the sweepstakes are tangible

examples of how it pays to be smart and work hard in school."

To receive the AAFES "You Made the Grade" booklet, students simply need to bring a valid military ID card and proof of an overall "B" or better average to the PX's customer service area.

Students may receive one coupon package for every qualifying report card, but may enter the savings bond drawing only once per calendar quarter. Parents and students can call the PX at 876-2850 or 876-9585 for more information about "You Made the Grade."

The Other Boleyn Girl, reviewed

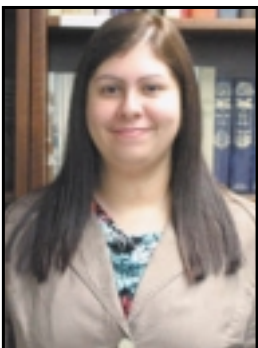
Commentary by:
Sasha McBrayer
Fort Stewart Museum

I recently read somewhere that when it comes to yummy drama, the kind meant for the big screen, no better stories can be adapted to film than are found in Greek Mythology and in the lives of British royalty. What juicer icon to revisit than Henry VIII? The previews for "The Other Boleyn Girl" reveal a handsome as ever Eric Bana as King Henry, and Natalie Portman (Ann) and Scarlett Johansson (Mary) as the delectable Boleyn sisters. Just the mere notion of the A-list starlets in a catfight over the same man should rightly be enough to drive both men and women to this period drama based on the best-selling novel "Boleyn," though I'll admit it is a bit of a chick-flick. One's own recollections from history class might beg the question, of Henry's 6 wives, didn't he have one killed? Cue the dramatic music.

I expected "The Other Boleyn Girl" to be

good, based on Portman and Johansson alone, but found myself pleasantly surprised as the film as a whole is a notch better than even I anticipated. Johansson time and time again proves worthy of the hype surrounding her. She is absolutely beautiful, no matter what the costume, or the color they dye her hair. She is also a thoughtful and deep actress fully capable of measuring up to any co-star in Hollywood. If you have yet to see it, do rent her "A Good Woman," another period piece, this time based on an Oscar Wilde play. I found the dialogue quite good, and the story surprising.

I have been a fan of Natalie Portman since I first saw her as a school girl adopted by hit man Jean Reno in "Leon: The Professional." It is actresses like Johansson, Portman, and Jennifer Connelly, for example, who can simply do no wrong. Portman is pitch-per-



fect. If you missed Portman's brief performance in "Cold Mountain", there is another period drama very worth while.

"In the Other Boleyn Girl" Johansson portrays the meek, quiet sister, Mary, who is content to marry and live out a humble life in the country. Portman's Ann, however, is cunning and ambitious. When it is realized by the ruthless uncle of the Boleyn gals that the King's Spanish wife Catherine may never provide Henry with a male heir, said uncle sees for himself and the Boleyn clan a unique opportunity. To offer the King of England delightful mistress, England would gain a male heir, and the Boleyn clan would gain status and wealth.

Mary has just married and is too simple for such sport. Ann, on the other hand, seems born for it, but when her aggressive nature ruins the plot, a timid Mary is sent to nurse the King from literal wounds he

receives. The rest, as they say, is history. Despite her virtue, Mary becomes the King's lover and eventually falls hard for him.

Our tale may have ended happily, but whoever heard of Mary Boleyn? Like a scorned lioness, Ann makes her return when her poor sister is laid up with child, leaving a restless King to his own devices. From there Ann's cruel ambition spirals out of control and leads to the demise of her family.

While only so much is historically accurate, and no one can know how in love Henry was with any of his wives (though it is said Jane Seymour was his favorite), the film is riveting and believable.

A surprise performance by Kristen Scott Thomas as the mother of the girls is great and Portman's flawed and hungry manipulator courtier is nothing short of Oscar worthy.

The film seems to conclude that England broke from the Catholic Church only for Henry's libido—a scary reason to change the face of history.

Don't "Trash" that old phone book, recycle it!

DPW Waste Management Section

Keep Stewart-Hunter Beautiful and Keep Liberty County Beautiful are partnering to keep old phone books out of the landfills. Stewart-Hunter residents can begin recycling outdated telephone directories by simply tossing them into the blue poly-carts for curbside collection or any blue recycling dumpster on the Installation along with other recyclable items. For those individuals in Liberty County and other neighboring communities who wish to support the telephone

book recycling drive, please visit one of the designated drop-off sites Monday-Friday, 8 a.m. to 4 p.m., now thru April 22, "Earth Day."

Drop-Off Sites

- Stewart Convenience Center (open 7 days/week 24hrs.) - 685 McFarland Road
- Hunter Convenience Center (open 7 days/week 24 hrs.) - Georgia Hussars • Liberty County Courthouse Annex, Hinesville • City Hall - Hinesville / Midway/ Riceboro/Walthourville / Flemington

Keep Stewart/Hunter Beautiful: 767-8880/5729 Keep Liberty County Beautiful: 368-4888

Volunteer Spotlight



Victor Ludi of Las Vegas, New Mexico, is an American Red Cross volunteer working in the Laboratory at Winn Army Community Hospital.

Ludi volunteers because he wants to give back to the Army community. His interests and hobbies include computers and woodworking.

If you'd like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Shanken at 435-6903.



Army Community Service



Welcome to the Army Community Service Family Page. Our mission is to provide services to support readiness of Soldiers, their Families, and communities to promote self-reliance, resiliency, and stability. We offer training classes, support groups, and Family advocacy programs. Services are offered to Active, Retired, Reserve, and National Guard Soldiers and their Family members, regardless of branch of service. Department of Defense civilian employees are also eligible for most services, as are their Family members. ACS is a member of the Morale, Welfare and Recreation Family, proudly serving America's Military. For information or to register for programs, call 767-5058 at Stewart or 315-6816 at Hunter.

Visit the ACS Hunter Open House

Everyone is invited to Hunter Army Airfield's Open House celebration Friday at the Army Community Service temporary location. Follow the balloons to 230 Neal Boulevard, building 1279 and visit with the ACS team any time during the day Friday. For more information, call 315-6816.

Learn deployment survival

All spouses are invited to join the 4th Brigade Saturday beginning at 10 a.m. at the Main Post Chapel for an event packed with presentations and information on surviving the challenges of deployment. Book signing by author Shellie Vandevor, a presentation on Organizing Your Life by Monica Ricci from HGTV, quick and healthy cooking tips, and much more. For more information and to reserve your seat, contact Kathryn Howison at 767-1749.

Take a fiscal fitness class

Getting Out of Debt, presented by Jackie Ogden from the University of Georgia Chatham County Extension Center, will teach you skills to manage personal debt and efficient plans to pay off debt fast. To register for the 6 p.m. class March 11 at Hunter Theater, call 315-6816.

Increase Your Tax Benefit

Learn how to maximize your tax exemption to increase your monthly income. Sign up now

for the Increase Your Tax Benefit class on March 12 from 6 to 8 p.m. at the ACS Classroom, building 86. To register or for more information, call 767-5058.

Come to the job fair at Hunter

If you are seeking employment, mark your calendar for the upcoming job fair on March 19 at Hunter Club. Presented by your Family Employment Readiness Program, the fair provides an opportunity for transitioning military and Family members to find entry-level and management positions in the areas of communications, electronics, medical, administration, automation, food service, law enforcement, aviation, transportation, and many more. For more information, call 767-5058 (Stewart) or 315-6816 (Hunter).

New parents invited to new class

Baby Talk, a new class focusing on the basics of newborn care, also includes an important discussion on Shaken Baby Syndrome and methods for comforting your crying infant and yourself. The next class is March 11 from 2 to 4 p.m. at the Education Center, building 100. Call 767-5058 to register.

Mayor candidates invited to brief

Residents who are interested in serving as a community mayor are invited to attend an information briefing to learn about the rewards and responsibilities of helping to build an Army Strong community. At Fort Stewart, the briefing will be held 1 p.m., March 11 at the ACS classroom, building 86. For information, call 767-5058. Residents of Hunter are invited to a briefing March 12 at 1 p.m. at the ACS building 1279 located on Neal Blvd. For information, call 315-6816.

Learn to combat stress

Join the Military and Family Life Consultant for a realistic yet optimistic discussion on Combat Stress March 12 from 10:30 to noon at the Southern Oaks Community Center. For more details, contact a MLFC at 492-6428 or 492-6367.

Succeed in the Army life

Army Family Team Building offers several

evening classes designed to give you the tools to succeed in the military lifestyle and in your personal life. Sign up now for the next Communication Skills class March 10, or the Introduction to Leadership class April 14 at Fort Stewart. Call 767-5058 to register for the AFTB free classes. A three-day "Meet The Army" workshop will be held at Hunter from 9 a.m. to 2 p.m., March 18-20. Call 315-6816 to register.

Ease financial burden of your move

Learn how to plan monthly expenses during a PCS move and how to avoid pitfalls during your move at the Financial Relocation Workshop to be held March 11 at Hunter. Call 315-6816 to register.

Baby Bootcamp for dads

The New Parent Support Program introduces a class conducted by men, for men who are expectant fathers, have infants, toddlers, or children up to age 5. Designed to enhance the male's role in parenting through educational and interactive methods, this class teaches fathers the skills to diaper, bathe, dress, and care for their child. Call 315-6816 for the March 12 class at Hunter.

Welcome celebrates St Patrick Day

Are you new to the community? New Soldiers and Families are invited to a St. Patrick's Day Family Orientation at Fort Stewart March 13. Free child care is available for the orientation, along with refreshments and an overview of the many services available to assist with your transition to the area. The event begins at 9 a.m. and concludes with a windshield bus tour of the installation and Hinesville. For information, visit ACS or call 767-9176. At Hunter a Family orientation and windshield bus tour is held monthly on Wednesday from 9 a.m. to 2 p.m. and includes a thorough Family Orientation and a windshield bus tour of the local Savannah community. For information, call 315-6816.

Learn to manage stress and anger

The Family Advocacy Program offers several classes and workshops to help Soldiers and Family members deal with stress, anger, and

communication issues. To register, call 767-5058 (Stewart) or 315-6816 (Hunter).

Support Groups for everyone

New! Boot the Baby Blues for mothers with new babies begins March 11 at 10 a.m. Join the **New Parent Support Program** team for support and discussions about the post-partum experience and the challenges and demands of caring for your new bundle of joy. The group will meet weekly at the Southern Oaks Community Center. For information, call 767-5058.

Chill and Chat is held every Monday at 9:30 a.m. at the PX Food Court and is hosted by the Military and Family Life Consultants to discuss deployment or any other concerns. Playland is open for the kids.

Grandparents and Caregivers Support Group is held every Monday at 9 a.m. for those who are taking care of children while their parent is deployed. Join the group at ACS, building 87 to discuss ways to successfully care for Soldiers' children during the deployment.

Hearts Apart offers support and friendship while your loved one is away, along with cooking classes, crafts, and activities for children. At Stewart, the group meets every Wednesday from 11 a.m. to 12:30 p.m. at the relocation office, building 443, leisure activities. At Hunter, Hearts Apart meets March 11, monthly on the second Tuesday, at building 1279.

Grupo Hispanico Del Café meets today (monthly on the first Thursday) at 3:30 p.m. for spouses who are new to the area to meet friends, enjoy refreshments, and swap experiences with other Hispanic women. Children are welcome, too. The group meets in the Leisure Activities Building 443 on Gulick Avenue.

Deutscher Kaffee Klatch for German Spouses meets March 13 (monthly on the second Thursday.) Come have a good time and enjoy some refreshments over a cup of coffee at the Relocation Office located in the Leisure Activities building 443 from 3:30 to 5:30 p.m. Children are welcome!

It's An Exceptional Life, a support group for Families enrolled in the *Exceptional Family Member Program*, meets March 20, monthly on the third Thursday, for discussions and presentations to educate and encourage.

Sports



Photos by Sgt. Tanya Polk

HHC, 3rd STB player Robert Sims, 5, attempts to dribble past Young Guns’ Quincy Taylor, 14, during the final game of the Fort Stewart 2008 Rocky Conference held at Caro Fitness Center, March 3.

3rd STB upsets Young Guns in season finale, 69-67



Donavan Mitchell, 34, takes possession of the ball from Jordan McRae, 23, at the tip off.

Sgt. Tanya Polk
Editor

From the tip off, it was Young Guns’ ball; at the half, it was any team’s game, but in the end, it was HHC, 3rd STB who shot down one of the season’s more-dominant teams and walked away with a 69-67 win at the final game of the Fort Stewart 2008 Rocky Conference, March 3.

Fort Stewart-Hunter Army Airfield normally holds its annual intramural basketball conferences for Soldiers only, but the 2008 Rocky Conference opened the floor up to Family members and Department of Defense cardholders.

Arthur Lewis, Caro Fitness Center facility manager, said that the conference was extended to Family members because most of the installation is currently deployed in support of Operation Iraqi Freedom.

The HHC, 3rd STB team is comprised of Soldiers from Headquarters and Headquarters Company, 3rd Special Troops Battalion, 3rd Infantry Division; Family members; and local high school students from Bradwell Institute and Liberty County high schools.

Jordan McRae, 16-year-old sophomore at LCHS, was the leading scorer for the night’s game. Ranked number 14 in the nation for 2010 high school graduates according to *scouthoops.com*, McRae was responsible for 36 percent of HHC, 3rd STB’s points.

Other leading scorers for HHC, 3rd STB were John Grant and Robert Sims, who each scored 10 points.

Leading scorers for the Young Guns were Donovan Mitchell, 25 points; Otho Hamp, 21 points; and Jesse Rozier, 13 points.

HHC, 3rd STB ended their season with a 3 and 3 record; Young Guns now stand 4 and 2.

Both teams will join seven other teams in the double elimination playoffs slated to begin March 11. Games will be held at Caro Fitness Center.

“It was great to win,” said 3rd STB coach Tim Insley. “It lets me know that in the playoffs we can beat any team in the league. We still have not played the best team so that worries me a little because no team has even been able to compete with (those) guys.”

See Page 11B of the Frontline to get the latest standings and playoff schedule.

For more information, contact Arthur Lewis at 767- 9795.



Young Guns and HHC, 3rd STB players anticipate the rebound, March 3.

Driving range opens, Kalsu Soldiers can now ‘grip it then rip it’



Sgt. Jason Stadel

Capt. Carey Way, Co. A, 26th BSB, 2nd BCT commander, takes one of the first swings at the newly opened FOB Kalsu driving range, Feb. 21.

Sgt. Jason Stadel
2nd BCT Public Affairs

FORWARD OPERATING BASE KALSU, Iraq – Although it doesn’t have the lavish fairways of Augusta National Golf Club or a design from golf legends such as Bobby Jones or Jack Nicklaus, the Forward Operating Base Kalsu Driving Range does have a quiet feel of home.

The range opened Feb. 21 after rainy weather and wind pushed the original opening date back by several weeks. The driving range construction was completed by Soldiers from 26th Brigade Support Battalion, 2nd Brigade Combat Team, 3rd Infantry Division and contractors from Kellogg Brown and Root, Inc.

“This signifies the great partnership we have on FOB Kalsu with the military and KBR,” said Lt. Col. Mark Weinerth, 26th BSB commander. “This place just keeps getting better.”

All of the golf equipment for the range was donated by the American public. The drive donation was put in motion by Multi-National Corps – Iraq last year and the response from the public provided more than 10,000 golf balls and numerous sets of clubs.

MNC-I officials visited FOB Kalsu

in January and delivered the donated items; the driving range was broken in that day with a few drives over the FOB’s outer walls. Since that time, a net has been installed to keep the balls from being lost and a tee box was added. A ‘pro shop’ is also being built at the range where clubs and range balls can be checked out for use.

Weinerth said the driving range allows Soldiers the opportunity to

“The reality is we’re not machines, we all need a little time to unwind,”

*Lt. Col. Mark Weinerth
26th BSB commander*

take a short break from the war and get a “little taste of home.”

“People’s image of Iraq is always the guy on patrol marching in full gear with a weapon,” Weinerth said. “The reality is we’re not machines, we all need a little time to unwind.”

For the avid golfer stationed at FOB Kalsu, this allows them to stay on top of their game. Prior to the driving range, Soldiers had to use the natural features of Iraq to practice.

“A lot of us play golf over here;

some of us brought sand wedges and stuff to hit around the sand,” said Staff Sgt. Jonathan Harris, Headquarters and Headquarters Company, 4th BCT, 3rd Inf. Div.

He said the driving range gives golfers the chance to “use a good long club and work on a full swing.”

Adding the driving range also helps to improve the recreational options for Soldiers at FOB Kalsu.

“The driving range will really help out our MWR programs here at Kalsu in terms of choice and variety,” said 1st Lt. Andrew Shadley, FOB Kalsu Morale, Welfare and Recreation coordinator. “I think that eventually Kalsu will rival the (Victory Base Complex) in terms of MWR choices.”

Weinerth said the driving range and other planned expansions, including a fishing pond and softball diamond, will keep Soldiers from just sitting in their tents and watching movies in their spare time. “This follows an old rule: you always continue to improve your position until you leave,” he said.

Along with the other recreational improvements, a sand trap and chipping green are being planned to give FOB Kalsu golfers a chance to improve other aspects of their golf game.